

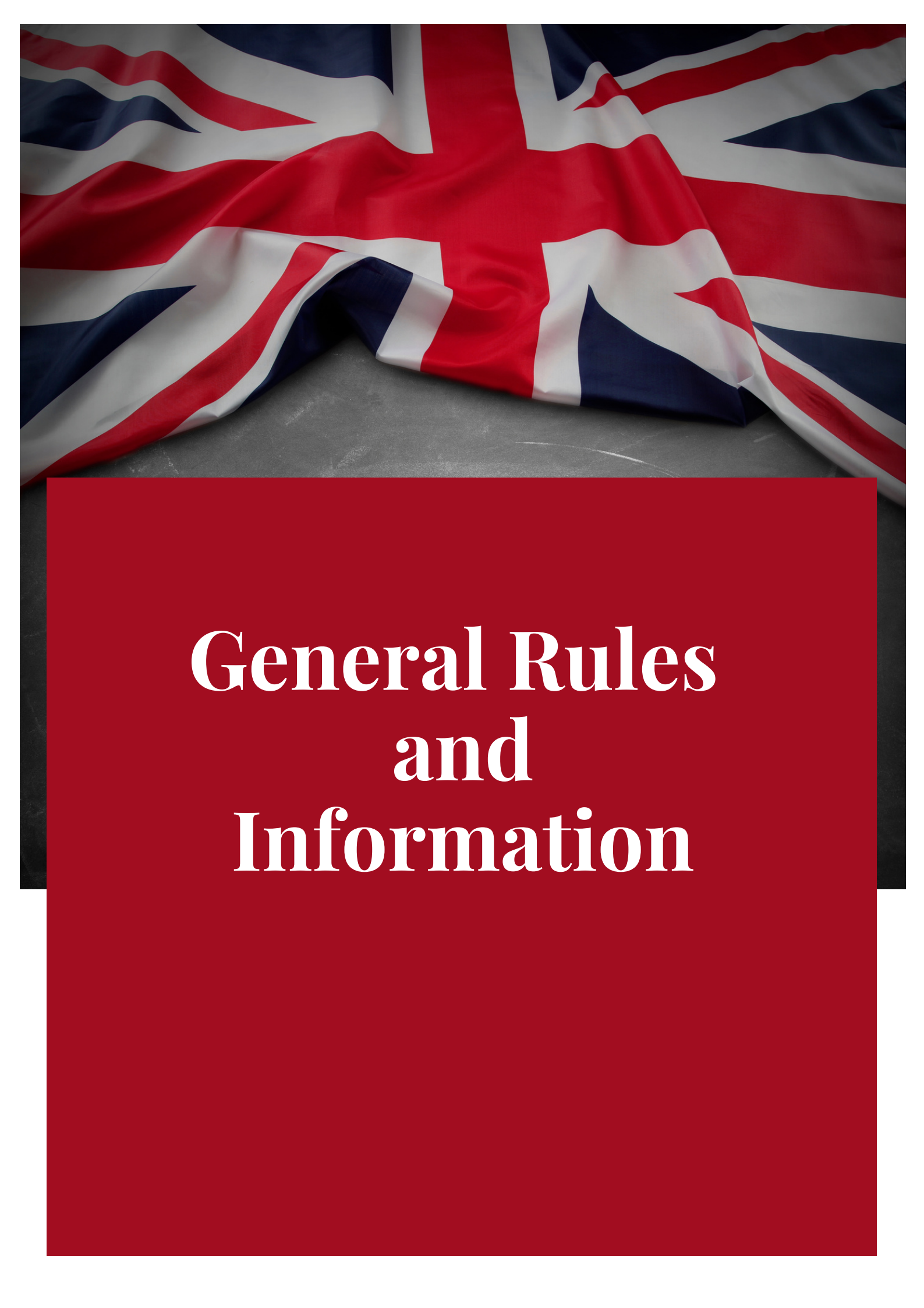


CALENDAR OF EVENTS

2023

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General Rules and Information

EVENT DATES



DATE: 11TH / 12TH MARCH 2023

SPRING SOLO DANCE FESTIVAL
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: 25TH / 26TH MARCH 2023

SPRING FIGURES AND FREE EVENT
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: 9TH, 10TH & 11TH JUNE 2023

FRIDAY WILL BE A TRAINING DAY FOR ALL EVENTS

TOTS, MINI, ESPOIR, CADET CLASSIC DANCE CHAMPIONSHIPS
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: 1ST & 2ND JULY 2023

FIGURES AND FREE CHAMPIONSHIPS
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: 7TH, 8TH AND 9TH JULY 2023

YOUTH, JUNIOR, SENIOR & MASTERS CHAMPIONSHIPS
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: 14TH & 15TH OCTOBER OR 21ST & 22ND OCTOBER 2023

AUTUMN FIGURES AND FREE EVENT
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY



DATE: TBC

WINTER DANCE FESTIVAL AND ROLLER CUP FINAL
BREYDON ARENA

VENUE: HUMBERSTONE FARM, MILL ROAD, GREAT YARMOUTH, NR31 0AY

FEES FOR 2023 SEASON

Championship Fees 2023 season

Free skating Promotional events at championships will follow the standard championships costs

Tots & Mini, Primary Championships Promotional	£30.00 per skater
Espoir, Cadet & Youth, Junior, Senior Championships	£50.00 per skater
Classic & Masters Championships	£30.00 per skater
Couples	£5.00 per skater
Precision / Show / Quartet	£10.00 per skater

Competition Fees 2023 season

National Dance Solo Events	£20.00 per skater
National Dance Duo Events	£12.00 per skater
National Couples Events	£5.00 per skater
National Team Events	£12.00 per skater
National Figure Events	£20 per skater
National Free Skating Events	£25 per skater

Dance Test Fees

Club Dance Tests

Elementary to Bronze	£15
Inter-Silver and Above	£20

Advanced Tests

Elementary to Bronze	£20
Inter-Silver and Above	£25

Free Dance Only Tests

All categories	£5
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Figure Test & Free Skating Achievements

1-3	£15
4-7	£20
8-10	£25

Federation Membership Subscription Fees

Junior (Under 18 years)	£28
Senior (18 and over)	£40

NEW FIRST TIME MEMBERS will receive a reduced membership of half price (£14.00 for Juniors and £20 for Seniors) for their first year of Membership. (This does not apply for lapsed memberships who must renew at the normal rate).

<u>Club Affiliation Fees</u>	£75
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<u>Affiliated Skating School Fees</u>	£125
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Permit Fees

Affiliated club open competition	£50 per day (excluding roller cup events)
Non-affiliated club open competition	£100 per day

NEITHER GB SKATE ARTISTIC NOR ITS DEPARTMENTAL COMMITTEES OR SUB-COMMITTEES SHALL BE LIABLE FOR ACCIDENTS HOWEVER CAUSED BY THE FEDERATION MEMBERS. AFFILIATED CLUBS OR THEIR MEMBERS, COMPETITORS OR CANDIDATES FOR TESTS OR OFFICIALS APPOINTED BY GBSA ARISING OUT OF OR IN CONNECTION WITH THE ACTIVITIES OF THE FEDERATION ON OUTDOOR OR INDOOR SURFACES.

RULES & REGULATIONS

GBSA FOLLOWS WORLD SKATE RULES AND REGULATIONS



World skate regulations can be found -
<https://www.worldskate.org/artistic/about/regulations/category/1008-artistic-skating-technical-rules-2023.html>

If you have any questions about any of the rules, please don't hesitate to contact the GBSA Heads of Discipline -



Dance - hod@gbskateartistic.co.uk
Figures and Free - hoff@gbskateartistic.co.uk



Roll Art Element Submission

Championship Roll Art element submission will be due before the event commences - Heads of Disciplines will communicate further details.



Music Submission

Music Submission for championships is due before event commences. Heads of Disciplines will communicate further details.

Closing Dates



For both Dance, Figures and Free:

- Competitions - Two calendar months prior to the relevant event unless specified
- Championships & Promo. Nationals - Two calendar months before the relevant event date.



Door/ Spectator Fees

Where possible we prefer card payment, however please bring alternative methods of payment to the relevant event.

Entry Fees

MUST be submitted before adding entries into the database. Your entry is only valid after you have submitted the payment and the database entry.



NOTES FOR THE COMPETITIVE STRUCTURE

UNLESS SPECIFIED OTHERWISE THESE RULES COVER ALL
DISCIPLINES OF ARTISTIC ROLLER SKATING

- All competitors in GBSA Events must be fully paid up members of the GB Skate Artistic organisation (GBSA)
- Entry Submission for national events and championships should be made via the GBSA Database excluding the Dance national events which will use the spreadsheets on the GBSA website.
- All entries, must be received by the office a minimum of two (2) calendar months prior to the date of the event. No late entries will be accepted.
- All Championship entries are controlled by age, including Inline.
- The standard of a skater is on the closing date for entries. Any forthcoming tests will not be taken into consideration.
- For Championships - All ages quoted within the structure are "skating ages". In the case of Dance and Pairs events, the age used for the calculation will be that of the eldest partner. If during the season the partnership splits, then in the following season the respective partners can re-enter at the level at which their age dictates.
- The skating age is the age of a skater in the year in which the events take place.
- The structure allows all athletes to skate one Championship in any one season; as set by their age.
NOTE: There is no restriction on entering both the Junior and Senior Championships (including the Solo Dance Championships) in the same year, but once a skater has entered a Senior Championship, they cannot go back to the Junior event in subsequent years.
- In the case of Figure and Free Skating Championships, athletes can enter just one of the disciplines if they wish to do the single discipline.
- The compulsory figures in GBSA events will be skated on circles of 6 metres in diameter.
- Music for GBSA events must be sent digitally before the event. Clubs must take the appropriate steps to ensure that the music recording levels have been maximised and that the music provided is clear and is the correct version. Full instructions of how to do this will be sent to all clubs - any music not complying with these instructions will be rejected. 1 (one) USB per club should be brought to the venue containing all the club's music as a backup, the USB should be clearly marked with the club's name. GBSA can only accept MP3 format.
- The executive Board of GBSA may decide to split the Event by age or standard, if necessary, after the closing date.
- For all Solo Dance Events LADIES STEPS will be skated unless specified.
- There is no restriction on athletes entering both their respective Solo and Couples Dance Events.
- GBSA reserves the right to refuse admission to any GBSA Event.

A close-up photograph of a Union Jack flag, the national flag of the United Kingdom, draped over a grey, textured surface. The flag's red, white, and blue stripes and the white saltire on a blue field are clearly visible. The fabric of the flag is gathered and folded, creating deep shadows and highlights that emphasize its texture. The bottom portion of the image is obscured by a solid red rectangle containing white text.

Couples & Solo Dance

AGE CATEGORIES & REGULATIONS

Age Categories 2023

CATEGORY	AGE
Tots	8 and 9 years old
Minis	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old
Senior	19 years old on

Note: the AGE column in the table above refers to the age the skater is turning in the year of the competition (that is, in the calendar year begins 1st of January through to and including the 31st of December, in the year of the competition).

For pairs and couple dance, the category will be determined by the age of the oldest partner.

Championships Entry standard for Dance

Category	Solo Dance Test Standard	Couples Dance Test Standard
Senior	None required	None required
Junior	None required	None required
Youth	None required	None required
Cadet	None required	None required
Espoir	None required	None required
Minis	None required	None required
Tots	None required	None required

GBSA follows the WORLD SKATE rules and regulations, all rules can be found within the books on the below link.

<https://www.worldskate.org/artistic/about/regulations/category/1008-artistic-skating-technical-rules-2023.html>

To download Dance patterns and music please use the below link

<https://www.worldskate.org/artistic/about/regulations/category/992-compulsory-dances-2023.html>

If you have any questions around any of the rules, please don't hesitate to contact the Head of Dance hod@gbskateartistic.co.uk

SPRING SOLO DANCE FESTIVAL

SPRING DANCE FESTIVAL Event Information

Rules and Regulations

1. Athletes can enter one solo event and one team event (with two skates).
2. Entries should be via the forms on the website <http://fars.co.uk/forms-information/>
3. Event costs can be found in the 2023 calendar of events
4. The 'closed' white system will be used for all events
5. All Dances will be 2023 steps
6. Skaters can skate up one standard which should marked with an *

Split by standard first/ then age				
Event 1	Non-Medallist	City Blues / Carlos Tango		
Event 2	Elem/Prelim	Roller Samba / Kinder Waltz		
Event 3	Inter Bronze/Bronze	Kent Tango / Keats Foxtrot		
Event 4	Inter Silver/Silver	Westminster Waltz / Paso Doble		
Event 5	Inter Gold/Gold	Rhythm Roll / Starlight Waltz		
Event 6	Adults 25 +	Denver Shuffle / Werner Tango		
Event 7	Adults 25 +	Olympic Foxtrot / Carlos Tango		
Conventional Couples holds (Waltz, Foxtrot, Tango etc.) are not permitted to be used in Duos. The deduction for these holds will be .3 SOLO – DUO – then all together in a TRIO				
Mark who is skating up* 3 skaters per team		Solo	Duo	Trio
Event 8	Non-Medallist	Glide Waltz	City Blues	Carlos Tango
Event 9	Elem/Prelim	Manhattan Blues	Denver Shuffle	Canasta Tango
Event 10	Inter Bronze/Bronze	Tudor Waltz	Kilian	Siesta Tango
Event 11	Inter Silver/Over	Cha Cha Patin	Rocker Foxtrot	Quickstep
Couples Dance For the Spring Dance Festival the standard of the couple is based on the highest solo standard of either the Man or Lady.				
Event 12	Non-Medallist. (Minis)	Carlos Tango / Skaters March		
Event 13	Elementary – Prelim. (Espoir)	Little Waltz / Roller Samba		
Event 14	Inter Bronze – Bronze. (Cadet)	Keats Foxtrot Couples Double Pattern / Siesta Tango		
Event 15	Inter Silver. (Youth)	Harris Tango Couples Double Pattern / 14 Step		
Event 16	Silver and over. (Junior/Senior)	Dench Blues Couples Double Pattern / Viennese Waltz		
Event 17	Adults 18 +	Swing Foxtrot / Carlos Tango		

Entry forms can be found at <http://www.fars.co.uk/forms-information/>

CLASSIC & MASTERS CHAMPIONSHIPS

Athletes entering the Senior Couples/Solo Dance Championships in 2021 and 2022 are not eligible for these events. Athletes may only enter one solo dance Championship.

CLASSIC COUPLES – Judged on White System

Over 25 years

Dance 1:	Denver Shuffle	3 sequences
Dance 2:	City Blues	3 sequences
Dance 3:	Canasta Tango	3 sequences

CLASSIC SOLO Intermediate – Judged on White System

Over 25 years - Up to Bronze

Classic Solo Intermediate can skate up to Advanced

Dance 1:	La Vista Cha Cha	3 sequences
Dance 2:	Canasta Tango	3 sequences
Dance 3:	Kinder Waltz	3 sequences

CLASSIC SOLO Advanced - Judged on Rollart

Over 25 years – Open Standard

CADET BASIC				
Compulsory	Denver Shuffle			
Free Dance	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step
	Max. Level 1	Max. Level 2	Max. Level 1	Yes

Programme Length: **2.15 +/- 10sec**

Footwork Sequence: **30sec**

Artistic Sequence: **30sec**

Traveling Sequence: **10sec**

Choreographic Sequence: **30sec**

MASTERS SOLO A

Over 40 – 55 years

Dance 1:	La Vista Cha Cha	3 sequences
Dance 2:	City Blues	3 sequences

MASTERS SOLO B

Over 56 years & Above

Dance 1:	Olympic Foxtrot	3 sequences
Dance 2:	Canasta Tango	3 sequences

Classic / Masters Ages

Ages are from 1st January to 31st December. Please make sure you are skating in the correct category. If you are in your 56th year you will be skating MASTER SOLO B. NB: Masters athletes are permitted to skate in the Classic event, but unable to skate in both Masters and Classics

SOLO DANCE CHAMPIONSHIP

SENIOR					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Opera/Musical Medley	-	Yes	Yes	Yes	Rhythm Roll Section 2
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

JUNIOR					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Opera/Musical Medley	-	Yes	Yes	Yes	Westminster Waltz Steps 1 to 14
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

YOUTH					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Modern Medley	-	Yes	Yes	Yes	Harris Tango Double Pattern Steps 6 to 22 (man's steps)
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Yes

CADET					
Style Dance					
Rhythm	Footwork Sequence	Artistic Sequence	Travelling	Cluster	Compulsory
Swing Medley	-	Yes	Yes	Max. Level 3	Keats Foxtrot Solo (Woman's steps) 1 Sequence
Free dance					
-	Footwork Sequence	Artistic Sequence	Travelling	Choreo. Step	Cluster
-	Yes	Yes	Yes	Yes	Max. Level 3

SOLO DANCE CHAMPIONSHIP

ESPOIR				
Compulsory	Little Waltz	Roller Samba		
Free Dance	Footwork Sequence	Cluster Sequence	Travelling	Choreo. Step
	Max. Level 2	Max. Level 2	Max. Level 3	Yes

MINIS				
Compulsory	Skaters March	Carlos Tango		
Free Dance	Cluster Sequence	Artistic Sequence	Travelling	Choreo. Step
	Max. Level 1	Max. Level 2	Max. Level 2	Yes

TOTS				
Compulsory	City Blues			
Free Dance	Artistic Sequence	Travelling	Choreo. Step	
	Max. Level 1	Max. Level 1	Yes	

COUPLES DANCE CHAMPIONSHIPS

SENIOR								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Folk Medley	-	Yes	Yes	Midnight Blues Steps 5-15	Yes	-	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Yes	Yes	-	Yes	Yes	-	Yes	Yes	No Hold

JUNIOR								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Folk Medley	-	Yes	Yes	Dench Blues Double Pattern 1 Sequence	Yes	-	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Yes	Yes	-	Yes	Yes	-	Yes	Yes	No Hold

YOUTH								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Modern Medley	-	Yes	Yes	Harris Tango Double Pattern Steps 6-22	-	Yes	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Yes	Yes	-	-	Yes	Level 3	-	Level 3	No Hold

COUPLES DANCE CHAMPIONSHIPS

CADET								
Style Dance								
Rhythm	Hold	No Hold	Travelling	Compulsory	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Swing Medley	-	Max. Level 3	Max. Level 3	Keats Foxtrot (modified) Double Pattern 1 Sequence	-	Max. Level 3	-	-
Free Dance								
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift	Cluster
Max. Level 3	Max. Level 3	-	-	Yes	Max. Level 3	-	Max. Level 3	No Hold Max. Level 3

ESPOIR							
Compulsory		Little Waltz		Roller Samba			
Free Dance							
One Partner Footwork	Hold	No Hold	Travelling	Choreo. Lift	Stationary Lift	Rotational Lift	Combo. Lift
Max. Level 2	Max. Level 2	-	Max. Level 3	Yes	-	Max. Level 2	-

MINIS			
Compulsory		Skaters March	Carlos Tango
Free Dance			
Hold		Travelling	Stationary Lift
Max. Level 1		Max. Level 2	Max. Level 1
		Choreo. Lift	
		Yes	

TOTS			
Compulsory		City Blues	
Free Dance		Travelling	No Hold
		Max. Level 1	Max. Level 1
		Choreo. poses	
		2	



Figures & Free

FIGURES & FREE CHAMPIONSHIPS EVENTS

Championships Events

All Championship events run under the World Skate age categories and will be governed by World Skate regulations.

World Skate regulations can be found using the following link:

<http://www.worldskate.org/artistic/about/regulations/category/1008-artistic-skating-technical-rules-2023.html>

1.1 Age Categories

Championships - World Skate Age Categories	
Category	Age
Primary (Mini – Basic)	Up to and including 7 years old
Tots	8 and 9 years old
Mini	10 and 11 years old
Espoir	12 and 13 years old
Cadet	14 and 15 years old
Youth	16 years old
Junior	17 and 18 years old
Senior	19 years old

NOTE: The age column in the table above refers to the age the skater is turning in the year of the competition (that is, in the calendar year being 1st January through and including the 31st of December, in the year of the competition).

1.2 The minimum total score needed to be awarded the British Title

Free & Figure Skating

There is no minimum mark to achieve the British title. If an athlete wins the championship event, they are crowned British champion for that year.

1.3 Championship Entry Requirements

Free & Figure Skating

There is no entry requirement for the championship events. It should be noted that championship events run under World Skate age categories and coaches are expected to consider if an athlete is appropriate for that event. If GBSA feels that coaches are entering athletes into inappropriate categories GBSA has the power to remove the coach's accreditation and/or athlete from the category.

WORLD SKATE REGULATIONS CAN BE FOUND USING THE FOLLOWING LINK:
[HTTP://WWW.WORLDSKATE.ORG/ARTISTIC/ABOUT/REGULATIONS/CATEGORY/1008-ARTISTIC-SKATING-TECHNICAL-RULES-2023.HTML](http://www.worldskate.org/artistic/about/regulations/category/1008-artistic-skating-technical-rules-2023.html)

FIGURES & FREE PROMOTIONAL EVENTS

Promotional Events

All GBSA promotional events will be governed by World Skate's basic promotional regulations. Please note that all world skate rules apart from age regulations will be followed for promotional events. Please view the World Skate promotions details using the following link:

<http://www.worldskate.org/artistic/about/regulations/category/1008-artistic-skating-technical-rules-2023.html>

If athletes are not competing at championship levels, there is an alternative category standard they can use, this alternative is the GB Promotional levels which are aligned to the World Skate Basic categories. GBSA will run these categories under ability rather than age.

Each category will be judged under World Skate rules for Basic Tots to Senior for Free skating. For Figure events, the figures will be mapped to the corresponding World Skate figure group. There are no minimum entry requirements for these events.

Once an athlete has placed first (1st) in their chosen category they must move to the next category for the next competition season. Athletes are not permitted to place first in the same category in multiple seasons. For example, if an athlete wins promo level 1c at the Spring nationals 2023, they are permitted to enter the 1c category for the other comps during the 2023 season but by the next season (2024), they must move up a level. If an athlete does not place first, they are still able to move up or down categories. This rule applies to all athletes that placed first during the 2022 season, these athletes must now advance up a category.

If any athlete wins the highest promotional category the coach is advised to start looking at moving the athlete into the championships categories although this is not required, and they are permitted to compete in the highest promotional level during the next season, but the athlete is not permitted to move to a lower category.

1.4 Free Skating

GB Promotional Categories - Free skating		
Category	Max Elements	World Skate Rules
Level 1a	1W, 1T, 1S, U	Mini - Basic
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini - Basic
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini - Basic
Level 2	N/A	Cadet - Basic
Level 3	N/A	Youth, Junior & Senior – Basic

Clarifications

1. Age & Ability: Please note that the events listed above are organised by ability category and not by age. Skaters of any age may enter any category providing they comply with the category rules. GBSA strongly recommends that the skater's ability accurately match the program regulations.
2. NOTE: No combination spin is required for 1a, and the solo spin can be repeated.
3. Level one categories have max element requirements, which means the athlete is only able to perform the elements listed in their program. If an element is performed outside of this requirement a deduction of 1.0 will be made for an illegal element.
4. The N/A in the max element column represents that there are no element restrictions outside of the World Skate rules, it should be noted that the World Skate rules on element restrictions still apply. For example, only one rotation jumps, and Axel's are permitted in level 2 (Cadet Basic).

FIGURES & FREE PROMOTIONAL EVENTS

2.2 Figure Skating

For promotional figure events, there will be up to seven different events. Figures from the corresponding World Skate categories will be picked for that event.

Promotional Categories - Figure skating	
Category	Figures picked from a World Skate category
Level 1	Primary
Level 2	Tot
Level 3	Mini
Level 4	Espoir
Level 5	Cadet
Level 6	Youth
Level 7	Junior & Senior

SPRING FIGURES AND FREE EVENT

Spring Nationals Event

Spring Competition 2023 Details	
Date	25 th & 26 th March 2023
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY
Athletes invited	Promotional & Championship athletes

- GBSA may run events on the evening of Friday the 24th of March 2023. This evening will only be used if entry numbers are high.

Figures

Figure events will be run for both Promotional and Championship athletes. Championships will be categorised by age as stated in the World Skate rules. Promotional will be categorised by the athlete standard.

Promotional Figures			Championships Figures	
Category	Figure	WS alignment	Category	Figure
Level One	1a FO Eights 2a FI Eights	Aligned to Primary	Primary	1a FO Eights 2a FI Eights
Level Two	2b FI Eights 3a BO Eights	Aligned to Tot	Tot	2b FI Eights 3a BO Eights
Level Three	8a FO Three 9b FI Three	Aligned to Mini	Mini	9b FI Threes 14a FO Loops
Level Four	18b FO Bracket 19a FI Bracket	Aligned to Espoir	Espoir	18b FO Bracket 15a FI Loops
Level Five	28a FOI Change Double three 23b FI Counter	Aligned to Cadet	Cadet	22b FO Counter 30a FOI Change Loop
Level Six	33b FOI Change Bracket 30a FOI Change Loop	Aligned to Youth	Youth	20b FO Rocker 16a BO Loop
Level Seven	Event not running	Aligned to Junior / Senior	Junior	42b FO Counter Bracket 31a BOI Change loops
			Senior	51a FO Bracket Rocker 38a FOI Para Loop

Figure Clarifications

- All promotional events will compete two circuits. Championship events will complete three circuits.
- The foot is already drawn according to the above grid.
- Events will be judged using the closed white system.
- Championship events will run events for Men and Ladies whilst promotional events will run one combined event.

SPRING FIGURES AND FREE EVENT

Free skating

Promotional and Championship events will be run for free skating. Championships will be categorised by age as stated in the World Skate rules. Promotional will be categorised by athlete standard – please see the above section for further clarification.

GB Promotional Categories – Spring Nationals Free Skating		
Category	Max Elements	World Skate Rules
Level 1a	1W, 1T, 1S, U	Mini – Basic
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini – Basic
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini – Basic
Level 2	N/A	Cadet – Basic
Level 3	N/A	Youth, Junior & Senior – Basic

Championships Categories – Spring Nationals Free skating	
Category	Program
Primary	Promotional 1a rules
Tots	Free Program
Mini	Free Program
Espoir	Short Program
Cadet	Short Program
Youth	Short Program
Junior	Short Program
Senior	Short Program

Free Skating Clarifications

- Championship skaters (Espoir and above) will skate their short program
- Championships and Promotional events will be judged using the Rollart system.
- Official practices are not a requirement for this event, the organising committee will provide this if time permits.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship events will run events for Men and Ladies whilst promotional events will run one combined event.
- Music and Element submission details will be provided nearer to the event.

1.6 Spring National Entries

- Entries will be made via the GBSA database.
- The [GBSA database](#) is now open for entries. The closing date for the entries is the 25th January 2023.

FIGURES AND FREE CHAMPIONSHIPS

Figure and Free British Championships

F&F British Championships Details	
Date	1 st & 2 nd July 2023
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 0AY
Athletes invited	Promotional Champions & Championship athletes

- GBSA may run events on the evening of Friday the 30th of June. This evening will only be used if entry numbers are high.

Athletes Invited

All athletes that compete in championship events, such as Primary, Tot, Mini, etc are invited to the F&F British championships.

Promotional athletes that place in the top eight (8) of their categories in the 2023 Spring nationals' event are invited to compete in the British championships for the category they placed in.

Promotional champions invite clarifications

- Coaches must inform the Head of Figure and Free if their athlete has placed in the top 8 of the spring competition but will not attending the British championships. If the athlete is not attending, then the space may be given to the athlete placed in a lower position.
- Coaches must enter the athlete selected for the promotional championship via the GBSA database for their chosen category.
- The top 8 athletes must enter the same category that they placed in. For example, if an athlete places 4th at the Spring nationals' level 2 event the coach must enter them into the level 2 promotional category for the British Championships.
- Promotional championship events will run for Free and Figure skating events.
- Some categories are split via age at the spring comp, for example, Level 1a 11 & under and Level 1a 12 & over. If a category is split via age the top 4 athletes from each category can attend the F&F championships (unless they decline). They will then make up one event at the championships, this event will not be split by age.

FIGURES AND FREE CHAMPIONSHIPS

Figures

Figure events will be run for both Promotional champions and Championship athletes. Championships will be categorised by age as stated in the World Skate rules. Only promotional athletes that are invited may enter as clarified above.

Promotional Figures			Championships Figures	
Category	Figure	WS alignment	Category	Figure
Level One	1a FO Eights 2a FI Eights	Aligned to Primary	Primary	1a FO Eights 2a FI Eights
Level Two	2b FI Eights 3a BO Eights	Aligned to Tot	Tot	Group 1 – 2
Level Three	8a FO Three 9b FI Three	Aligned to <u>to</u> Mini	Mini	Group 1 – 2
Level Four	18b FO Bracket 19a FI Bracket	Aligned to Espoir	Espoir	Group 1 – 3
Level Five	28a FOI Change Double three 23b FI Counter	Aligned to Cadet	Cadet	Group 1 – 4
Level Six	33b FIO Change Bracket 30a FOI Change Loop	Aligned to Youth	Youth	Group 1 – 4
Level Seven	Event not running	Aligned to Junior / Senior	Junior	Group 1 – 4
			Senior	Group 1 – 4

Figure Clarifications

- All promotional events will compete two circuits.
- Championship events will compete three circuits unless the figure specifies 2 circuits as of World Skate rules.
- The foot and figure are already drawn for promotional athletes
- Championships skaters (excluding Primary) will have the foot and figure group draw prior to the event.
- Events will be judged using the open white system.
- Championship categories will run events for Men and Ladies whilst promotional events will run one combined event.

FIGURES AND FREE CHAMPIONSHIPS

Free skating

Promotional champion and Championship events will be run for free skating. Championships will be categorised by age as stated in the World Skate rules. Only promotional athletes that are invited may enter as clarified above.

GB Promotional Categories – F&F Championships Free Skating		
Category	Max Elements	World Skate Rules
Level 1a	1W, 1T, 1S, U	Mini – Basic
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini – Basic
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini – Basic
Level 2	N/A	Cadet – Basic
Level 3	N/A	Youth, Junior & Senior – Basic

Championships Categories – F&F Championships Free skating	
Category	Program
Primary	Promotional 1a rules
Tots	Free Program
Mini	Free Program
Espoir	Short Program & Free Program
Cadet	Short Program & Free Program
Youth	Short Program & Free Program
Junior	Short Program & Free Program
Senior	Short Program & Free Program

Free Skating Clarifications

- Championship skaters (Espoir and above) will skate their short program and free programs.
- Championships and Promotional events will be judged using the Rollart system.
- Official practices will be provided.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship categories will run events for Men and Ladies while promotional events will run one combined event.
- Music and Element submission details will be provided nearer to the event.

1.7 British Championships Entries

- Entries will be made via the GBSA database.
- The [GBSA database](#) is now open for entries. The closing date for the entries will be **1st May 2023**.

AUTUMN FIGURES AND FREE EVENT

Autumn Nationals Event

Spring Competition 2023 Details	
Date	21 st & 22 nd October or 14 th & 15 th October
Venue	Breydon Arena – Humberstone Farm, Mill Road, Great Yarmouth, NR31 OAY
Athletes invited	Promotional & Championship athletes

- GBSA has provided two dates for this event. The aim is for the weekend commencing 21st to be used but due to uncertainty about the international season, two dates have been provided. The final weekend date will be announced closer to the event.
- GBSA may run events on the evening of Friday the 20th of October or the 13th of October. This evening will only be used if entry numbers are high.

Figures

Figure events will be run for both Promotional and Championship athletes. Championships will be categorised by age as stated in the World Skate rules. Promotional will be categorised by the athlete standard.

Promotional Figures			Championships Figures	
Category	Figure	WS alignment	Category	Figure
Level One	1a FO Eights 2a FI Eights	Aligned to Primary	Primary	1a FO Eights 2a FI Eights
Level Two	2b FI Eights 3a BO Eights	Aligned to Tot	Tot	2b FI Eights 3a BO Eights
Level Three	8a FO Three 9b FI Three	Aligned to Mini	Mini	9b FI Threes 14a FO Loops
Level Four	18b FO Bracket 19a FI Bracket	Aligned to Espoir	Espoir	18b FO Bracket 15a FI Loops
Level Five	28a FOI Change Double three 23b FI Counter	Aligned to Cadet	Cadet	22b FO Counter 30a FOI Change Loop
Level Six	33b FOI Change Bracket 30a FOI Change Loop	Aligned to Youth	Youth	20b FO Rocker 16a BO Loop
Level Seven	Event not running	Aligned to Junior / Senior	Junior	42b FO Counter Bracket 31a BOI Change loops
			Senior	51a FO Bracket Rocker 38a FOI Para Loop

Figure Clarifications

- All promotional events will compete two circuits.
- Championship events will compete three circuits.
- The foot is already drawn according to the above grid.
- Events will be judged using the closed white system.
- Championship categories will run events for Men and Ladies whilst promotional events will run one combined event.

AUTUMN FIGURES AND FREE EVENT

Free skating

Promotional and Championship events will be run for free skating. Championships will be categorised by age as stated in the World Skate rules. Promotional will be categorised by athlete standard – please see the above section for further clarification.

GB Promotional Categories – Spring Nationals Free Skating		
Category	Max Elements	World Skate Rules
Level 1a	1W, 1T, 1S, U	Mini - Basic
Level 1b	1W, 1T, 1S, 1F, 1Th, U	Mini - Basic
Level 1c	1W, 1T, 1S, 1F, 1Lz, 1Lo, 1Th, U	Mini - Basic
Level 2	N/A	Cadet - Basic
Level 3	N/A	Youth, Junior & Senior – Basic

Championships Categories – Spring Nationals Free skating	
Category	Program
Primary	Promotional 1a rules
Tots	Free Program
Mini	Free Program
Espoir	Short Program
Cadet	Short Program
Youth	Short Program
Junior	Short Program
Senior	Short Program

Free Skating Clarifications

- Championship skaters (Espoir and above) will skate their short program
- Championships and Promotional events will be judged using the Rollart system.
- Official practices are not a requirement for this event, the organising committee will provide this if time permits.
- There will be an event warmup time prior to the start of the event group. Warm-up time is based upon the program length plus two minutes.
- For additional floor time, clubs must contact the venue directly.
- Championship events will run events for Men and Ladies whilst promotional events will run one combined event.
- Music and Element submission details will be provided nearer to the event.

Autumn National Entries

- Entries will be made via the GBSA database.
- The GBSA database is now open for entries. The closing date for the entries will be 21st August 2023.

APPENDIX - FIGURE NUMBERS

#	A/B	Figure	"A" Direction	"B" Direction
1	A	Eights	RFO – LFO	
2			RFI – LFI	
3			RBO – LBO	
4			RBI – LBI	
5	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
6			RBOI – LBIO	LBO – RBIO
7	A	Threes	RFO 3 BI – LFO 3 BI	
8	A/B		RFO 3 BI – LBI 3 FO	LFO 3 BI – RBI 3 FO
9			RFI 3 BO – LBO 3 FI	LFI 3 BO – RBO 3 FI
10	A	Double Threes	RFO 3 BI 3 FO – LFO 3 BI 3 FO	
11			RFI 3 BO 3 FI – LFI 3 BO 3 FI	
12			RBO 3 FI 3 BO – LBO 3 FI 3 BO	
13			RBI 3 FO 3 BI – LBI 3 FO 3 BI	
14	A	Loops	RFO – LFO	
15			RFI – LFI	
16			RBO – LBO	
17			RBI – LBI	
18	A/B	Brackets	RFO BK BI – LBI BK FO	LFO BK BI – RBI BK FO
19			RFI BK BO – LBO BK FI	LFI BK BO – RBO BK FI
20	A/B	Rockers	RFO RK BO – LBO RK FO	LFO RK BO – RBO RK FO
21			RFI RK BI – LBI RK FI	LFI RK BI – RBI RK FI
22	A/B	Counters	RFO C BO – LBO C FO	LFO C BO – RBO C FO
23			RFI C BI – LBI C FI	LFI C BI – RBI C FI
24	A/B	Change Eights	RFOI – LFIO	LFOI – RFIO
25			RBOI – LBIO	LBOI – RBIO
26	A/B	Change Threes	RFOI 3 BO – LBOI 3 FO	LFOI 3 BO – RBOI 3 FO

APPENDIX - FIGURE NUMBERS

#	A/B	Figure	"A" Direction	"B" Direction
27			RFIO 3 BI – LBIO 3 FI	LFIO 3 BI – RBIO 3 FI
28	A/B	Change Double Threes	RFOI 3 BO 3 FI – LFIO 3 BI 3 FO	LFOI 3 BO 3 FI – RFIO 3 BI 3 FO
29			RBOI 3 FO 3 BI – LBIO 3 FI 3 BO	LBOI 3 FO 3 BI – RBIO 3 FI 3 BO
30	A/B	Change Loops	RFOI - LFIO	LFOI – RFIO
31			RBOI - LBIO	RBOI – RBIO
32	A/B	Change Brackets	RFOI BK BO – LBOI BK FO	LFOI BK BO – RBOI BK FO
33			RFIO BK BI – LBIO BK FI	LFIO BK BI – RBIO BK FI
34	A/B	Paragraph Threes	RFO 3 BIO 3 FI – LFI 3 BOI 3 FO	LFO 3 BIO 3 FI – RFI 3 BOI 3 FO
35			RBO 3 FIO 3 BI – LBI 3 FOI 3 BO	LBO 3 FIO 3 BI – RBI 3 FOI 3 BO
36	A/B	Paragraph Double Threes	RFO 3 BI 3 FOI 3 BO 3 FI – LFI 3 BO 3 FIO 3 BI 3 FO	LFO 3 BI 3 FOI 3 BO 3 FI – RFI 3 BO 3 FIO 3 BI 3 FO
37	A/B		RBO 3 FI 3 BOI 3 FO 3 BI – LBI 3 FO 3 BIO 3 FI 3 BO	LBO 3 FI 3 BOI 3 FO 3 BI – RBI 3 FO 3 BIO 3 FI 3 BO
38	A/B	Paragraph Loops	RFOI - LFI	LFOI - RFI
39			RBOI – LBI	LBOI – RBI
40	A/B	Paragraph Brackets	RFO BK BIO BK FI – LFI BK BOI BK FO	LFO BK BIO BK FI – RFI BK BOI BK FO
41			RBO BK FIO BK BI – LBI BK FOI BK BO	LBO BK FIO BK BI – RBI BK FOI BK BO
42	A/B	Counter Brackets	RFO C BO BK – LFI C BI BK FO	LFO C BO BK – RFI C BI BK FO
43	A/B	Rocker Double Threes	RFO RK BO 3 FI 3 BO – LBO RK FO 3 BI 3 FO	LFO RK BO 3 FI 3 BO – RBO RK FO 3 BI 3 FO
44			RFI RK BI 3 FO 3 BI – LBI RK FI 3 BO 3 FI	LFI RK BI 3 FO 3 BI – RBI RK FI 3 BO 3 FI
45	A/B	Counter Brackets	RBO C FO BK – LBI C FI BK BO	LBO C FO BK – RBI C FI BK BO
46	A/B	Double Three Rockers	RFO 3 BI 3 FO RK BO 3 FI 3 BO – LBO 3 FI 3 BO RK FO 3 BI 3 FO	LFO 3 BI 3 FO RK BO 3 FI 3 BO – RBO 3 FI 3 BO RK FO 3 BI 3 FO
47	A/B	Bracket Counters	RFO BK BI C FI BK BO – LBO BK FI C BI BK FO	LFO BK BI C FI BK BO – RBO BK FI C BI BK FO

APPENDIX - FIGURE NUMBERS

#	A/B	Figure	"A" Direction	"B" Direction
48	A/B	Double Three Rockers	RBO 3 FI 3 BO RK FO 3 BI 3 FO – LFO 3 BI 3 FO RK BO 3 FI 3 BO	LBO 3 FI 3 BO RK FO 3 BI 3 FO – RFO 3 BI 3 FO RK BO 3 FI 3 BO
49	A/B	Bracket Counters	RBO BK FI C BI BK FO – LFO BK BI C FI BK BO	LBO BK FI C BI BK FO – RFO BK BI C FI BK BO
50	A/B	Double Three Counters	RFO 3 BI 3 FO C BO 3 FI 3 BO – LBO 3 FI 3 BO C FO 3 BI 3 FO	LFO 3 BI 3 FO C BO 3 FI 3 BO – RBO 3 FI 3 BO C FO 3 BI 3 FO
51	A/B	Bracket Rockers	RFO BK BI RK FI BK BO – LBO BK FI RK BI BK FO	LFO BK BI RK FI BK BO – RBO BK FI RK BI BK FO
52	A/B	Double Three Counters	RBO 3 FI 3 BO C FO 3 BI 3 FO – LFO 3 BI 3 FO C BO 3 FI 3 BO	LBO 3 FI 3 BO C FO 3 BI 3 FO – RFO 3 BI 3 FO C BO 3 FI 3 BO
53	A/B	Bracket Rockers	RBO BK FI RK BI BK FO – LFO BK BI RK FI BK BO	LBO BK FI RK BI BK FO – RFO BK BI RK FI BK BO



APPENDIX - FIGURE CODES

Code	Category	Description
RFO	Take Offs	Right forward outside takeoff
LFO		Left forward outside takeoff
RFI		Right forward inside takeoff
LFI		Left forward inside takeoff
RBO		Right back outside takeoff
LBO		Left back outside takeoff
RBI		Right back inside takeoff
LBI		Left back inside takeoff
-		Indicates that a change of feet is required for the upcoming takeoff
FO	Edges	Forward outside edge
FI		Forward inside edge
BO		Back outside edge
BI		Back inside edge
3	Turns	Three turn
BK		Bracket

Code	Category	Description
RK		Rocker
C		Counter
FOI	Change of Edge	Forward outside to inside change of edge
FIO		Forward inside to outside change of edge
BOI		Back outside to inside change of edge
BIO		Back inside to outside change of edge

APPENDIX - FIGURE GROUPS

3.1 Senior

Group 1	46 a/b	39 a/b	47 a/b
Group 2	48 a/b	38 a/b	49 a/b
Group 3	50 a/b	39 a/b	51 a/b
Group 4	52 a/b	38 a/b	53 a/b

3.2 Junior

Group 1	42 a/b	38 a/b	36 a/b
Group 2	43 a/b	31 a/b	40 a/b
Group 3	44 a/b	38 a/b	40 a/b
Group 4	45 a/b	31 a/b	37 a/b

3.3 Youth

Group 1	20 a/b	33 a/b	16	36 a/b
Group 2	21 a/b	32 a/b	17	29 a/b
Group 3	22 a/b	33 a/b	17	36 a/b
Group 4	23 a/b	32 a/b	30 a/b	29 a/b

3.4 Cadet

Group 1	13	19 a/b	15	20 a/b
Group 2	18 a/b	21 a/b	30 a/b	28 a/b
Group 3	19 a/b	22 a/b	16	28 a/b
Group 4	13	18 a/b	30 a/b	23 a/b

3.5 Espoir

Group 1	19 a/b	22 a/b	30 a/b
Group 2	18 a/b	28 a/b	15
Group 3	13	19 a/b	30 a/b

3.6 Minis

Group 1	8 a/b	11	14
Group 2	9 a/b	10	14

3.7 Tots

Group 1	1 a/b	4 a/b
Group 2	2 a/b	3 a/b